

Activity Center and Senior Services Starting on Page 16



DES MOINES

SPRING 2020

CITY CURRENTS

CLUB KHAOS

SEE PAGE 24

**Spring
Community
Events**

SEE PAGE 31

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Permit No. 1123
ECRWSS
Postal Customer

Rec'n Roll Find Us Starting on Page 24

*She has your eyes,
and our expert care.*

We are here to help ensure your pregnancy is exceptional and uniquely yours.

We've been helping mothers deliver healthy babies for decades—close to home, in a place dedicated to you and your baby's safety, comfort and personal preferences. It's your birth, your way.

Equally important, you can rest easy knowing that you have access to some of the region's top experts who support complex pregnancies, should the need arise.



Highline Medical Center – Family Birth Center

Take a virtual tour at chifranciscan.org/highlinebirth, or to find an obstetrician or midwife near you, call 1 (888) 825-3227.



In affiliation with



*20 years of
Building Community
through Philanthropy*

HELP US HELP OUR COMMUNITY

Visit us at: www.DesMoinesLegacy.com

*W*e've had a love affair with this community for more than 20 years.

We know that the greatest currency a community can have is the love that it shares amongst its neighbors.

Even the poorest community is rich when its citizens know their neighbors care.

That's why we continue to support our kids, our seniors, and the arts. Thanks to your generous help, some of our recent donations include:

- \$50,000 for an inclusive playground
- \$14,225 for youth recreation scholarships
- \$8,000 for outdoor adventure scholarships
- \$5,000 for wheelchair ramps for seniors
- \$5,000 for art/design college scholarships
- \$1,500 for mobile dental services for seniors
- \$1,025 for Marina District art projects

Starting on Page 24

Your Guide to Des Moines Parks, Recreation & Senior Services

Check out the **SPRING** schedule.

- Adult & Senior Activities *Page 16*
- CLUB KHAOS *Page 24*
- Volunteer Opportunities *Page 28*
- Spring Community Events *Page 31*



Rec'n Roll



2020 Spring

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NEED A JOB THAT FITS YOUR SCHEDULE?

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Now hiring swim lesson instructors and lifeguards

Applicants must be 15 years or older

Course fee waived for participants willing to make a six-month commitment



Call Lauryne at 206-824-4722 about free training available, options and swimming training to help meet the course requirements. Join our team! Flexible schedules available for academics, extra-curricular activities, childcare and other jobs.

Not a great swimmer?
Call about free swim training



MOUNT RAINIER POOL, DES MOINES POOL METROPOLITAN PARK DISTRICT
22722 19th Ave S, Des Moines WA 98198
206.429.3852 | dominic.finazzo@mtrainierpool.com



@MTRAINIERPOOL

Council Highlights

CITY COUNCIL HIGHLIGHTS FROM OCTOBER–DECEMBER ORDINANCE 1725–1731 RESOLUTION 1408–1409

Approved the Following Action:

- Small Business Saturday Proclamation.
- Contract Award for Des Moines Play Area Projects.
- Contract Award for Kiddie and City Parks Improvement Projects.
- Surplus Property—Vehicles.
- Replacement of In-Car Dashboard Camera Systems.
- Opposing Initiative 976.
- Arts Commission Appointment—Nicholas Fannin and Jim Fullwiler.
- Interlocal Agreement with Highline Water District for 2019 AC Water Main Replacement Project.
- 2020-2021 On-Call Consultant Agreements for Civil Engineering Services.
- Updating Des Moines Municipal Code (DMMC) Chapters 3.84 and 3.85 to Reflect Changes Made to State Law Affecting the City’s Business and Occupation Tax Code, Ordinance No. 1725.
- Commute Trip Reduction Program.
- Interlocal Cooperation Agreement between King County and the City of Des Moines for Conservation Futures-Funded Open Space Acquisition Project, Resolution No. 1408.
- Vets and Seniors Human Services Levy Grant.

DES MOINES CITY COUNCIL



Matt Pina
Mayor



Matt Mahoney
Deputy Mayor



Luisa Bangs
Councilmember



Traci Buxton
Councilmember



JC Harris
Councilmember



Anthony Martinelli
Councilmember



Jeremy Nutting
Councilmember

**City Council meets
1st, 2nd and 4th
Thursdays
at 7:00pm**

- Department of Ecology 2019-2021 Stormwater Grant Agreement.
- Authorize a Sales and Use Tax for Affordable and Supportive Housing, Ordinance No. 1726.
- 2020 Consultant Contract: BHC Consultant, LLC
- 24th Avenue S & 208th Street Intersection Improvements Project: Interlocal Agreement with City of SeaTac.

- 2020 Vehicle and Equipment Purchase.
- Gill Property Right-of-Way Dedication.
- Council Rules of Procedures, Resolution No. 1409.
- Interlocal Agreement between the Cities of SeaTac, Des Moines, Covington, and Tukwila for Planning, Funding and Implementation of a Joint Minor Home Repair Program.
- Stober Single Family Residence Shoreline Variance—Proposed Process for Review by Hearing Examiner.
- Aerial Mapping Project Interlocal Agreement.

Held Public Hearings:

- 2020 General Property Tax Levies, Ordinance No. 1727 and 1728.
- 2020 Annual Budget, Ordinance No. 1729.
- 2019 Annual Budget Amendments, Ordinance No. 1730.
- Des Moines 2035 Comprehensive Plan and Preferred Land Use Map, Ordinance No. 1731.

Other Action Taken:

- Senior Services Advisory Committee Update.
- State of the Court Address.
- Life Savings Award.
- Finance Update.
- Spirit of Des Moines Awards.
- Passenger Only Ferry Demand Study.

MEMORIAL BENCH DONATION PROGRAM



New sites are available in the Marina and in South Marina Park!

The City installs and maintains many park benches throughout the city. The Bench Donation Program allows citizens and businesses to dedicate a bench to a family member or friend for a 10-year timeframe. If you are interested in purchasing a bench to honor someone you know, please call (206) 870-6547 for more information or email jb主@desmoineswa.gov.



From the Mayor



By Mayor Matt Pina

AS WE SETTLE INTO 2020, I would like to take this time to reflect back on some of the many successes of 2019 while looking forward to the City's bright future.

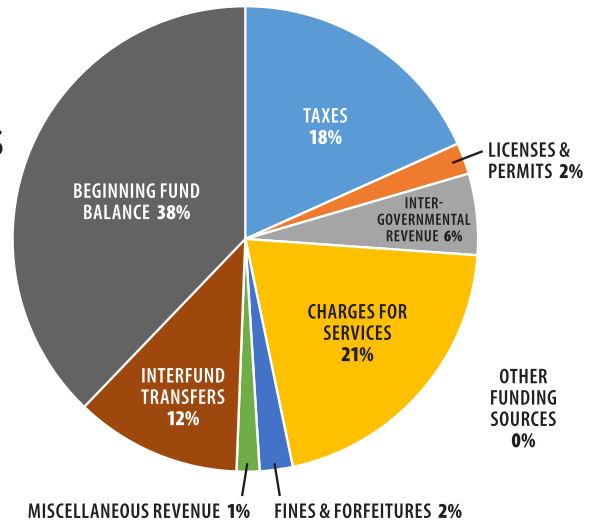
The City's finances continue to be strong. Once again a sustainable and balanced budget was passed for 2020 that reflects the policy choices of the City Council guided by principles that safeguard the public trust and public resources; it also provides for actions that enhance the safety, quality of life and overall general well-being of the City.

Our City of Des Moines' budget includes the City's General Fund. It supports basic government services, such as police, our municipal court, parks and recreation, administration and economic development. It also includes more than 36 additional funds for special revenues, debt service, capital projects, enterprise and internal service funds. The City's total annual appropriated budget is \$100,487,414 with the General Fund representing \$30,657,927 of that total. We are often asked how much of the City's revenue comes from property tax. Interesting enough, the City receives \$5,222,110 in property tax revenue, which is 19.96% of the General Fund Revenue. Above right is a graph showing the detail of the City's revenue sources.

At the end of 2019, the Council said good-bye to Rob Back and Luisa Bangs, who lost their Council seats to Anthony Martinelli and JC Harris, respectively. This February, former Deputy Mayor and Councilmember Vic Pennington announced his resignation, as he was recently sworn in as Fire Chief for South King Fire and Rescue. In his new role, Vic will be serving the communities of Des Moines, Federal Way, Auburn West Hill and areas of unincorporated South King County. I want to thank Rob, Luisa and Vic for their service to the Community and wish them all well. Councilmember Jeremy Nutting returned to the dais having won his seat at the last election.

To keep the City moving forward, the Council immediately began the appointment process necessary to fill the vacancy with the most qualified person until the next election is held. Several community members applied

CITY OF DES MOINES REVENUE SOURCES



and the Council was impressed with the applicants that answered to the call. After completing the public process of interviewing the applicants followed by Council discussion, Luisa Bangs was appointed to the vacant Council position. She was sworn in on February 13, 2020. I am excited to start working collaboratively with my fellow Councilmembers to continue with the City's forward momentum.

This is just a snapshot of the wonderful things happening in our City. As we look forward to Spring, you should see more movement with our downtown/Marina District projects.

We encourage you to get involved in your community. A community's greatest resources are its citizens. By serving on a committee or advisory board, you

can contribute to your community in a meaningful way. If you are interested in exploring the opportunities we have available, please contact City Hall at (206) 878-4595.

As usual you will see many of us out and about in our restaurants and many businesses. If you happen to see one of us, please stop by and say "hello."

Looking forward to a fabulous 2020!

Thank you,
Matt Pina
Mayor and Councilmember
City of Des Moines, Washington

REMAX 1/3 PAGE

Planning a Charity Car Wash? You will need one of these!

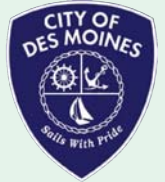
It's not just dirt... Car wash kits that prevent these materials from entering nearby storm drains are available for check-out from the City at no cost. Charity car washes operating within the City of Des Moines must have a car wash kit in place if there is a risk of discharge to the storm system. For residential car washing remember it is always best to wash your vehicle in a location that prevents the runoff from entering the storm system. For check-out procedures and questions, please contact the Surface Water Management Department at (206) 870-6523 or bstryker@desmoineswa.gov.

Wash Smart. Use a Car Wash Kit!

DES MOINES DIRECTORY

City Hall
21630 11th Avenue S
(206) 878-4595

Business Hours
Monday–Friday
8:00am–4:30pm
www.desmoineswa.gov



City Council

Matt Pina, Mayor	MPina@desmoineswa.gov
Matt Mahoney, Deputy Mayor	MMahoney@desmoineswa.gov
Luisa Bangs	LBangs@desmoineswa.gov
Traci Buxton	TBuxton@desmoineswa.gov
JC Harris	JCHarris@desmoineswa.gov
Anthony Martinelli	AMartinelli@desmoineswa.gov
Jeremy Nutting	JNutting@desmoineswa.gov

City Offices

City Attorney	(206) 870-6553
City Clerk/Communications Director	(206) 870-6519
City Manager	(206) 870-6519
Planning/Building	(206) 870-7576
Engineering	(206) 870-6522
Facilities Rentals	(206) 870-9370
Finance Director	(206) 870-6532
Marina	(206) 824-5700
Municipal Court	(206) 878-4597
Parks Administration	(206) 870-6527
Police Department	(206) 878-3301
Public Works/Park Maintenance	(206) 870-6559
Recreation	(206) 870-6527
Senior Services	(206) 878-1642

Other Numbers

Emergency	911
Animal Control	(206) 870-6549
Field House	(206) 870-6527
Fire (non-emergency)	(253) 839-6234
Library, Des Moines	(206) 824-6066
Library, Woodmont	(253) 839-0121
Police Dispatch (non-emergency)	(206) 878-2121

Utilities and Services

Century Link	(800) 573-1311
CleanScapes	(206) 762-4900
Comcast	(877) 778-7008
Highline Water District	(206) 824-0375
Lakehaven Water/Sewer	(253) 941-1516
Midway Sewer District	(206) 824-4960
Puget Sound Sewer	(800) 321-4123
SW Suburban Sewer	(206) 244-9575
Water District #54	(206) 878-7210

CALL BEFORE YOU DIG:

Utility Locates	(800) 424-5555
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DES MOINES
CITY CURRENTS

Des Moines City Currents is published by Philips Publishing Group for the City of Des Moines

Philips Publishing Group

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2020 CALENDAR

1

12 months, 12 things

Emergency Preparedness!

Choose 1 thing to do each month. Do that 1 thing! By the end of a year you and your family will be better prepared for an emergency.

We all want to be better prepared for emergencies and disasters. Emergency preparedness is a big job so many people never get started.

Visit www.do1thing.com each month

Do1Thing is a program that makes preparing easier by helping people take small steps each month toward becoming better prepared for emergencies or disasters.

Follow us on Facebook for Monthly Reminders! [City of Des Moines, WA](#)

www.do1thing.com

Housing Repair Assistance Program

The City of Des Moines is once again providing minor home repair services to City resident homeowners who have “extremely low” to “low” incomes based on U.S. Department of Housing and Urban Development (HUD) income guidelines. This is done by providing free repair services to improve the health and safety of our residents as they live in their homes. Funding for this program is provided by a Community Development Block Grant through King County. Services provided include but are not limited to:

- Electrical** — faulty lights, switches, plugs, circuits or exhaust fans
- Plumbing** — faulty toilets, clogged drains, leaking faucets, faulty water heaters
- Disability Aids** — installation of grab bars, hand rails, hand held showerheads, bath seats, high toilets, access ramps and application of non-skid surfaces



Safety — installation of smoke alarms, security/safety lights, carbon monoxide alarms and locksets

Other — faulty furnaces, faulty gutters and roof leaks, broken window glass panes

How do I qualify for these free services?

1. Be an owner/occupant within the Des Moines city limits for at least one year with no intention of selling in the next 12 months, have proof of home owner’s insurance, and meet the HUD income guidelines for the program.
2. Complete the application process

How do I apply?

To apply for this program please follow these directions:

1. Request an application by calling (206) 870-6535
2. Complete the application forms and return them with the supporting documentation to the City of Des Moines/Minor Home Repair at:
21630 11th Avenue S, Suite D,
Des Moines WA 98198
3. Once your application is processed and evaluated you will receive a phone call informing you of your acceptance or non-eligibility for our program. Upon acceptance your job will be referred to one of our contractors who will call you to make an appointment to perform those services. Services that are required for your health and/or safety are the highest priority.

BURIEN
CHEVROLET

2020 Bolt EV | 2020 Suburban

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Most New Chevrolets and Pre-Owned Come With the Limited Lifetime Warranty, with 10-Years Roadside Assistance included at no extra charge!

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parts.burienchevrolet.com

Dr. Bae has been recognized as a “SEATTLE TOP DENTIST” by her peers in the Seattle Metropolitan Magazine

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PERSONAL, HIGH QUALITY DENTAL CARE
20710 1st Ave S, Des Moines, WA 98198 | 206-878-8180 | www.vivianbaedds.com

22207 7th Ave S Suite A
Des Moines, WA 98198
Phone: (206) 414-9979

Use Offer Code **LOCAL30** at booking to receive 30% off any facial or full-set lash extensions.

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MASSAGE THERAPY | MICROBLADING & PERMANENT COSMETICS

Self Care is a Lifestyle.



Twice as Many Weekday Swim Lessons!

Swim Lessons, Family Swims and Water Exercise:
Get Pre-Approved for Scholarships Today!

SPRING SCHEDULE 2020 (March–Mid-June)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SHALLOW END						
5:30 – 8:30am Water Walking (Mon – Fri) Workout on your own with water bells and walk the pool.					7 – 8am Water Walking	X
					8 – 9am Adult Swim Lessons	
8:30 – 9:30am Water Aerobics Daily, 10-visit, 3-month, annual and recurring payment options.					9 – 11am Swim Lessons	
9:30 – 11:00am Water Walking (Mon – Fri) Workout on your own with water bells and walk the pool.						
11am – 1pm Family Swim (Mon – Fri)					11am – 1pm Family Swim	11am – Noon Water Walking
1 – 3pm Cleaning and Maintenance (Mon – Fri)					1 – 2pm Cleaning	Noon – 2pm Family Swim
4 – 7pm Swim Lessons (Mon – Thu) Select Mon/Wed, Tue/Thu or Private Options.				4 – 8pm Family Swim	2 – 4pm Open Swim Specials - 1st Saturday \$1 - 3rd Saturday Wibit	2 – 4pm Rentals
7 – 9pm Family Swim	7 – 8pm Aerobics	7 – 9pm Family Swim	7 – 8pm Aerobics		4 – 6pm Rentals (3rd Saturday Wibit available)	X
				SPECIAL: 7 – 9pm Final Friday Family Night (1/2 Open Swim)*		
DEEP END						
5:30am – 1:00pm Lap Swim (Mon – Fri)					7am – 11am Swim Teams & Lessons	X
					11am – 1pm Lap Swim	
1 – 3pm Cleaning and Maintenance (Mon – Fri)					1:00 – 2:00pm Cleaning	11am – 2pm Lap Swim
4 – 7pm Swim Teams & Lessons (Mon – Thu)					2 – 4pm Open Swim Specials - 1st Saturday \$1 - 3rd Saturday Wibit	2 – 4pm Rentals
7 – 9pm Lap Swim	7 – 8pm Lap Swim	7 – 9pm Lap Swim	7 – 8pm Lap Swim	7 – 8pm Lap Swim	4 – 6pm Rentals (3rd Saturday Wibit available)	X
				SPECIAL: 7 – 9pm Final Friday Family Night (1/2 Lap Swim)*		

* Last Friday of the month (open 7 – 9pm)



Check out
our new events!

- Expanded Swim Lesson Options!
- 3x Allocated Scholarships in 2020.
- Silver and Fit, SilverSneakers and Prime Fitness Programs Accepted.
- Visit our website for interactive schedule, events, rentals and much, much more.

www.MtRainierPool.com

Newest schedule available for download at www.mtrainierpool.com

Office Hours:

Monday/Wednesday, 5:30am – 9pm
Tuesday/Thursday, 5:30am – 8pm
Friday, 5:30am – 8pm*
Saturday, 7am – 4pm
Sunday, 11am – 2pm

Cleaning and Maintenance Closures

Mon – Fri, 1 – 3pm and Sat, 1 – 2pm



22722 - 19th Ave S • Des Moines • 206-824-4722

@MTRAINIERPOOL

OPERATED BY THE DES MOINES POOL METROPOLITAN PARK DISTRICT

DES MOINES CITY CURRENTS | SPRING 2020

WATER EXERCISE	
A fun and refreshing way to get and stay in shape.	
Monday – Friday	8:30 – 9:30am
Tuesday/Thursday	7 – 8pm

LAP SWIM	
See interactive schedule at www.mtrainierpool.com for lane availability.	
Monday – Friday	5:30am – 1pm
Monday/Wednesday	7 – 9pm
Tuesday/Thursday/ Friday****	7 – 8pm
Saturday	11am – 1pm
Sunday	11am – 2pm

FAMILY SWIM—Shallow End	
Monday – Saturday	11am – 1pm
Monday/Wednesday	7 – 9pm
Friday*	4 – 8pm
Sunday	Noon – 2pm

WATER WALKING	
Use the power of the water to battle gravity.	
Monday – Friday	5:30 – 8:30am & 9:30am – 1pm
Saturday – NEW!	7 – 8am
Sunday – NEW!	11am – Noon

BIRTHDAY PARTIES	
Wibit, WaterWalk & Lobby available. Call for details.	
Saturday	4 – 6pm
Sunday	1 – 3pm

MONTHLY SPECIAL DAYS	
Affordable ways so everyone can use the pool. Visit website for more information.	
Free Senior Thursday (1st of the month)	
\$1 First Saturday Open Swims	2 – 4pm
3rd Wibit Saturdays	2 – 4pm
Swim Lesson Practice Sundays – NEW!	Noon – 2pm
Final Friday Family Fun Nights – NEW!	7 – 9pm

SPECIAL EVENTS
 April Pool's Day – April 18, 2 – 4pm
 Cinco de Mayo – May 2, 2 – 4pm
NO SCHOOL SWIM DAYS
Full-days Highline schools is out!
 March 13, April 6 – 10, May 25 & 26 | \$3, 1 – 3pm



FEES AND PASSES						
*Resident discount: Residents of Des Moines and Normandy Park receive a discounted fee for all passes and programs.						
Daily Passes	Open Swim		Lap Swim		Water Exercise	
	Resident*	Non-Resident	Resident*	Non-Resident	Resident*	Non-Resident
Adult (18 – 61)	\$3.75	\$4.50	\$4.50	\$5.25	\$6.50	\$7.25
Senior (62+)	\$3.00	\$3.75	\$3.25	\$4.00	\$5.00	\$5.75
Youth (2 – 17)	\$3.00	\$3.75	\$3.25	\$4.00	\$5.00	\$5.75

10-Visit Passes	Open Swim		Lap Swim		Water Exercise	
	Resident*	Non-Resident	Resident*	Non-Resident	Resident*	Non-Resident
Adult (18 – 61)	\$34.00	\$40.50	\$39.00	\$47.25	\$51.50	\$60.00
Senior (62+)	\$27.00	\$34.00	\$27.00	\$36.00	\$42.50	\$51.00
Youth (2 – 17)	\$27.00	\$34.00	\$27.00	\$36.00	\$42.50	\$51.00

Facility Passes***	3 Month		Annual		Monthly**	
	Resident*	Non-Resident	Resident*	Non-Resident	Resident*	Non-Resident
Adult (18 – 61)	\$125.00	\$145.00	\$399.00	\$499.00	\$37.00	\$42.00
Senior (62+)	\$79.00	\$96.00	\$199.00	\$239.00	\$18.00	\$23.00
Youth (2 – 17)	\$79.00	\$96.00	\$199.00	\$239.00	\$25.00	\$30.00
Disabled Swimmer	\$89.00	\$109.00	\$251.00	\$299.00	\$23.00	\$28.00
Family	\$249.00	\$299.00	\$475.00	\$575.00	\$44.00	\$49.00

Water Exercise Passes	3 Month		Annual		Monthly**	
	Resident*	Non-Resident	Resident*	Non-Resident	Resident*	Non-Resident
Adult (18 – 61)	\$129.00	\$149.00	\$499.00	\$559.00	\$45.00	\$55.00
Senior (62+)	\$99.00	\$119.00	\$384.00	\$434.00	\$40.00	\$49.00
Youth (2 – 17)	\$99.00	\$119.00	\$384.00	\$434.00	\$40.00	\$49.00

* Residents of Des Moines and Normandy Park receive a discounted rate.
 ** Monthly payment passes—participants are required to make annual (12 months) commitment.
 *** Facility passes give user access to Open, Family, Lap and Water Walking swims.
 **** Final Friday Family Swim (7 – 9pm)

SWIM LESSON INFORMATION

Our American Red Cross Learn-to-Swim program is designed to help guests of all ages and ability levels become safe and proficient in the water. Swim lessons at the Mount Rainier Pool:

- Are FUN!
- Follow the American Red Cross curriculum.
- Are tailored to teach essential water safety skills and logical swim skill progression.
- Include opportunities to practice skills learned outside of class time with practice cards.
- Work around busy schedules. We offer evening and weekend lessons at a variety of times throughout the week.
- Are available in group, private, and semi-private formats.
- **NEW!** FREE Sunday practice days! (Free entry for participant and one other!)
- Mandatory swim tests to ensure children are in the right levels for better success.

SWIM LESSON SPRING SCHEDULE

For exact dates and times, visit website.		
Monday/Wednesday	4 – 7pm	2x/week, 4 weeks
Tuesday/Thursday	4 – 7pm	2x/week, 4 weeks
Saturday	9 – 11am	1x/week, 7 weeks*

*Adult swim lessons are Saturday mornings, 8 – 9am.

For more information on swim lessons, visit www.mtrainierpool.com

ACCESS TO ALL

Our goal is to remove financial barriers of members of our community. We value community and inclusiveness for ALL members of our community. Our mission is to enhance our community's quality of life through aquatics. Scholarships helps us ensure everyone has access to our programs. Below are ways to participate in Free or Reduced programs.

- \$1 First Saturday swim
- Swim Scholarships of up to 90%
- Free First Senior Thursdays
- Final Friday Family Fun Nights
- Free Water Safety Education events
- Prime, Silver & Fit and Silver Sneakers

www.MtRainierPool.com

22722 - 19th Ave S • Des Moines • 206-824-4722



OPERATED BY THE DES MOINES POOL METROPOLITAN PARK DISTRICT

FRESH AIR, OPEN SPACE: Grandview Off-Leash Dog Park

It's about that time....the weather is warming up and we're all ready to spend more time outdoors. Our dogs are just as eager to play and socialize in the fresh spring air. While we do not have a designated off leash dog park within the city limits, we hope to in the future. Until then, we'd love to remind you of a local gem.

We are fortunate to live close to what some would consider the perfect spot to bring your furry friend. Grandview Off Leash Dog Park is a 37 acre dog area just minutes away from Des Moines. Located at 3507 S 228th St. in SeaTac, the park's amenities include trails, fencing, open areas, benches, waste receptacles, and restrooms. The City of Des Moines and 7 other south King County cities contribute financially to keep the park clean and well maintained for all.

While dog parks are a playground for your pup, please remember these important rules. Always maintain a watchful eye on your dog for their safety and the safety of other dogs and people nearby. Also, please remember to clean up pet waste. Whether you are in an off leash park or walking within the community, cleaning up after your pet is essential for public health, safety, and sanitation. Many of our grassy areas within our community are where children run and play and where events are held for the community, so please, pick it up.

Grandview Off Leash Dog Park

- 37 acre dog area
- 3507 S 228th St., SeaTac
- Park amenities include trails, fencing, open areas, benches, waste receptacles, and restrooms



DES MOINES ARTS COMMISSION PRESENTS

KINDNESS ROCKS SATURDAY, MARCH 21 10AM-NOON

NEW FREE EVENT!

JOIN YOUR COMMUNITY IN PAINTING ROCKS
WITH WORDS OF KINDNESS.

DREAM
BIG!

TAKE YOUR ROCK HOME OR LEAVE WITH US TO
HIDE AROUND THE CITY FOR OTHERS TO FIND!

YOU...
ROCK!

BE
BRAVE!

DES MOINES FIELD HOUSE
1000 S 220th St.
Des Moines, WA 98198

Des Moines Arts Commission Position Openings

The City of Des Moines is looking for new members to join the Arts Commission.

If you're interested in helping to preserve and bring new artistic ventures into the community, please consider serving.

Commissioners meet once a month to help plan events and maintain the City's interests in arts related activities, including the Art on Poverty Bay Outdoor Sculpture Gallery and the Beach Park Summer Concert Series. Commissioners attend and help staff events in conjunction with the City's Parks Department. No fundraising is required, but your ideas and good energy are always welcome! If you'd like to learn more, the monthly Arts Commission meetings are open to the public, or you can contact us at info@desmoinesartscommission.com.

Arts Commission applications are available online at: www.desmoinesartscommission.com/take-action.

Please submit applications to: City Clerk, City of Des Moines, 21630 11th Avenue South, Suite A, Des Moines, WA 98198

Upcoming 2020
Arts Commission Events:

- **"Kindness Rocks!" with Superheroes and Princesses**
March 21, 10:00am-12:00pm, Field House
- **Beach Park Summer Concerts**
Wednesday evenings in July & August—Eight concerts including early confirmation from "Hit Explosion" and "Caspar Baby Pants"!
- **Burien Actors Theatre in the Park**
August
- **Shakespeare in the Park**
August
- **Squid-A-Rama**
November



Spring 2020 Residential Collection Events

Recycling Collection Event

- March 28, 2020 9:00am–3:00pm
- Des Moines Marina
- See flyer on City website at www.desmoineswa.gov for accepted items

Curbside Clean Up

- Week of March 30th on scheduled collection day
- Residential customers may place an additional 96 gallons of garbage (3 cans or bags) out for collection at no additional cost
- Questions: Contact Recology CleanScapes at (206) 762-4900 or desmoines@recology.com

COMMUNITREES YARD TREE DISTRIBUTION



- Available to residents of Burien, SeaTac, and Des Moines
- We will help you pick the right tree for your yard and teach you how to plant it.
- Questions? greencities@forterra.org or (206) 905-6909



Pet-friendly Showroom & Service Center!



center of the known world

**BURIEN
TOYOTA**

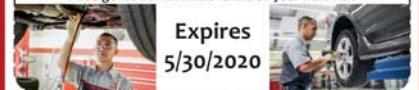


SERVICE SPECIAL

Wildcard Special:

**\$25 Off Any Service
PLUS: BURIEN BUCKS BONUS!
20 Burien Bucks***

Take \$25 Off any service (\$50 minimum service)
PLUS get 20 Burien Bucks to use on your next visit



* Offer good at Burien Toyota. Limit 1 per visit. May not be duplicated. \$25 Off the regular retail price of the particular service. Toyota or Scion vehicles only. See your Service Advisor for details. Please present coupon when order is written. Not applicable to any other offer, advertised special, or prior purchase. Not valid with any other offer. Some models may be higher. Plus tax, shop supplies, hazardous waste fee and environmental fees, if applicable. Void where prohibited by law. Burien Bucks are non-negotiable; not the same as cash.

**206.243.0700
BurienToyota.com**

15025 First Ave South · Burien, WA 98148



STREET BANNER PROGRAM

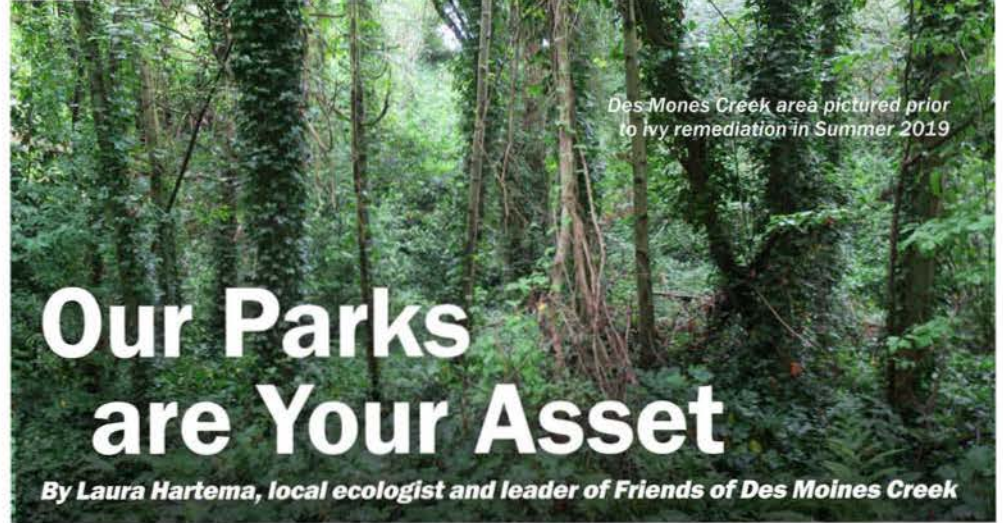
Along Marine View Drive, cross streets and areas of 7th Avenue, are colorful banners promoting local businesses. The banners are fade-resistant and made from a heavy 22-ounce vinyl. Each banner is \$275 for one year with an annual renewal fee of \$175. Returning businesses have first priority, but if you would like to participate in this program or want to learn more, please call (206) 870-6547 or email jb主@desmoineswa.gov.



BALLPARK BANNER SPONSOR PROGRAM

To promote local business, we place 4x8' banners at Steven J Underwood Memorial Park and/or the Field House Park. The program runs from April to November, and businesses can have their banner fly for either one (1) year or three (3) years. Typically, these parks are booked solid from March through November, so the business would receive tremendous exposure.

For more information or to participate in the program, please call (206) 870-6547 or email jb主@desmoineswa.gov.



Des Moines Creek area pictured prior to ivy remediation in Summer 2019

Our Parks are Your Asset

By Laura Hartema, local ecologist and leader of Friends of Des Moines Creek

Over the past two decades you may have noticed the habitat improvements along the paved trail next to Des Moines Creek. Hundreds of volunteer hours, fueled by heart, determination and muscle, have gone into invasive weed control and replanting. Still, the fish and wildlife of Des Moines Creek, and our community, needs YOU! Who's in for the next round?

Who: Volunteers ages 14 years and older may participate due to site conditions.

What: Volunteers will replace invasive English ivy* and invasive plants with coniferous trees.

Where: Des Moines Beach Park Trail. Follow the creek upstream, past the buildings, to the roundabout and paved trail.

When: Saturday, March 28, 2020 - 9:00am-noon.

What to wear: Dress appropriately for the weather. Boots and work gloves are necessary; the area will likely be muddy. Steeper slopes are present for those who like a challenge.

What to bring: Motivation, a cooperative spirit, and hand tools (such as shovels, loppers, mattocks/pickaxes).

Why remove ivy?

1. Ivy outcompetes native vegetation that provides beneficial food and habitat for wildlife.
2. Ivy harms trees and makes them prone to windfall in storms.
3. Ivy's shallow roots make it a poor choice for erosion control.
4. Ivy mats encourage unwanted pests like the Norway rat to take up residence.
5. Drainage issues beneath ivy mats are hidden and may be exacerbated on a hillside due to the heavy weight on the surface.

Why plant trees?

1. Trees provide oxygen, absorb excessive carbon dioxide (one of the gases responsible for climate change), and store it over their lives. Long-lived trees, like the Western red cedars we will plant, release it slowly back into the environment.
2. Tree roots bind soil, reduce erosion, and filter common pollutants, thereby improving water quality.
3. Trees provide shade and reduce air and water temperatures.
4. A variety of native trees (and shrubs/herbs) provide food and habitat to wildlife. Even decaying trees as 'snags' provide essential nesting cavities.
5. Mature trees increase public health (and happiness).

For more information and to sign up for this event, contact Janet Best (206) 870-6547; jb主@desmoineswa.gov. To be added to the list for all future volunteer events with Friends of Des Moines Creek, please email laurahartema@yahoo.com. This project is sponsored by the Des Moines/Normandy Park Rotary Club.

**Considered a widespread, King County Class C Noxious weed. Control is recommended by Washington State rule (WAC16-750).*



Old ivy can be as big as your hand. Use a two-way saw to cut ivy stems. After cutting ivy stems, the ivy above can remain and it will die off in time.

The 2020 Census is here!

What is the Census?

The census is an official count of the U.S. population. Conducted once every 10 years, as mandated by the Constitution, the U.S. Census Bureau counts the population of all 50 states, the District of Columbia, and five U.S. territories. The 2020 Census will mark the 24th time that the country has counted its population since 1790.

Beginning on April 1, 2020, you will receive an invitation to respond to a short questionnaire – online, by phone, or by mail. Census takers will then go door to door to count people who have not responded to the 2020 Census. Census takers are Census Bureau employees and will provide proof that they are government personnel. Participating in the census is required by law, even if you recently completed another survey from the Census Bureau.

Why does it matter?

The census provides critical data that lawmakers, business owners, teachers, and many others use to provide daily services, products, and support for you and your community. Every year, billions of dollars in federal funding go to hospitals, fire departments, schools, roads, and other resources based on census data.

The results of the census also determine the number of seats each state will have in the U.S. House of Representatives, and they are used to draw congressional and state legislative districts.

How does it apply to Des Moines?

As our city continues to grow, it becomes even more important to ensure a complete and accurate count of our residents. The results from the 2020 Census will affect our funding, congressional representation, and other supportive services that depend on population data.

For more information, go to www.2020census.gov

DID YOU KNOW?

Census results affect planning and funding for education, including programs such as Head Start, Pell Grants, school lunches, adult education, and grants for preschool special education.

WATERFRONT MARKET 1/3 PAGE

**GEHRKEBAKER
DOULL & KELLY**
ATTORNEYS AT LAW

PROUD MEMBER OF THE DES MOINES COMMUNITY

ONE BLOCK WEST OF MARINE VIEW DRIVE
IN THE HEART OF THE MARINA DISTRICT

FREE AND CONVENIENT PARKING

22030 7TH AVE S, SUITE 202
DES MOINES, WA 98198
(206) 878-4100

**VISIT US ON THE WEB
WWW.GEHRKELAWOFFICES.COM**



Improvements to City parks underway!

According to Punxsutawney Phil, who did not see his shadow on Groundhog Day, it's predicted that we will have only three more weeks of winter. In preparation for the coming of Spring, here are some updates on the park improvement projects planned and underway around the City.

The parks on the schedule for new children's play areas and related improvements this year are: Stephen J. Underwood Memorial, Westwood, Wooten and City/Kiddie. The play areas were originally put out to bid in April of 2019, which resulted in an unacceptably high bid price. The projects were re-bid and in October 2019 the City Council approved the contracts. These projects are funded primarily by a \$245,000 King County Youth and Amateur Sports Grant, a \$200,000 Community Development Block Grant and City funds.

Here are the current updates on the status of construction at these parks:

Stephen J. Underwood Memorial Park: This park will receive a new shaded play area, loop trail and a reconfiguration in the plaza area. The existing Underwood Memorial area will be enhanced with additional flags to create a Veterans Memorial area that will honor all the branches of the U.S. Military and those who have served our country. To date, the contractor has poured and installed eight new flag pole foundations, paved a new asphalt path around the outfield and a path to the Activity Center. The existing inter-generational equipment will be relocated near the new playground. New footings for the play area canopy are in progress, and the new play equipment will arrive in the Spring.

Westwood Park: The contractor has installed a new ADA ramp, increasing access for all. The curbing around the play area is poured, and we are now eagerly awaiting the new play equipment.

Wooten Park: The plans for this park include upgrading the play equipment, replacing the gazebo, and more. Work will begin soon, stay tuned!

Kiddie Park: A new play area will be installed in a more visible location closer to 21st Avenue South, as well as fencing, an ADA accessible ramp, paved path, picnic tables and benches.

City Park: A mulch surface trail will connect with Kiddie Park to allow easy access between the two areas. The existing wooden footbridge will be repaired and resurfaced, and a new ADA picnic table and concrete pad installed.

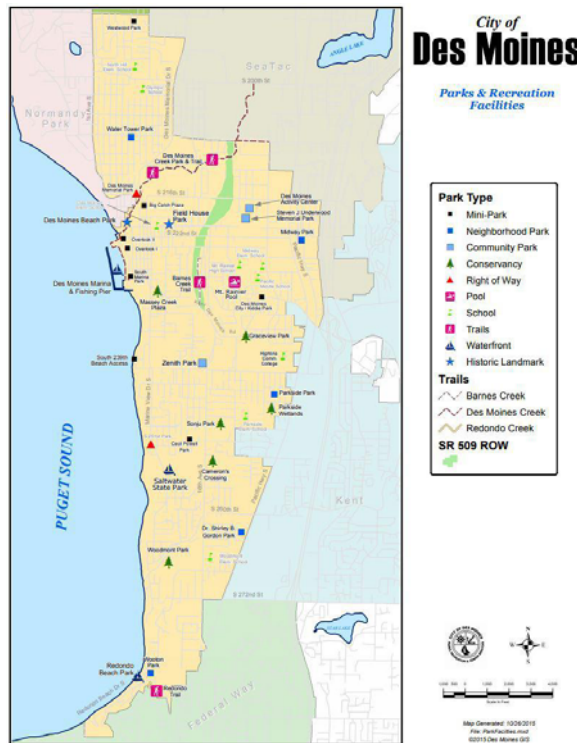
There have been quite a few rainy, soggy days so construction could be slowed at times—it is February after all. However, Stephen J Underwood, Westwood, Wooten, and City/Kiddie Parks should be completed and open for use in late spring or early summer.

More Exciting News! The Field House playfield has been challenged with drainage issues, limiting the amount of time the field can be utilized. The City has received two grants, one from King County Youth and Amateur Sports program, and the other from the State of Washington Recreation and Conservation Office totaling \$207,000 to reconstruct the field and install drainage, increasing the usability of the field.

Midway Park: And, in case you haven't heard about what's happening at Midway Park in the Pacific Ridge Neighborhood, here is the news:

The City of Des Moines is committed to maintaining and improving our parks and recreation facilities. With that in mind, the City recently purchased two additional parcels adjacent to Midway Park, utilizing around \$600,000 funded entirely by a King County Conservation Futures grant. These new parcels will extend the park to the west, and community input will help shape the use of the new area.

In addition to the property purchases, on January 23, 2020, the City Council voted unanimously to approve an agreement with the RAVE Foundation, the charitable arm of the Seattle Sounders to renovate and expand the current





STORM DRAIN MARKER VOLUNTEER PROGRAM

Come help make a difference in the community!

Organizations or individuals can help raise public awareness, protect our water quality and reduce the amount of pollution by participating as a volunteer in our storm drain marking program. When it rains, water runoff collects oil, pet waste, grease, soaps and sediment, where it then enters into the storm drain system, polluting the surface water and the environment. You can spend as much time as you wish and choose the area you want to mark. Volunteers must be at least 15 years old. Instructions, maps and storm drain-marking supplies will be provided.

For more information, contact Ben Stryker, Civil Engineer at (206) 870-6523 or bstryker@desmoineswa.gov or Janet Best, Volunteer Coordinator at (206) 870-6547.

hard surface area of the park into a “mini-pitch” that will support both soccer and basketball activities, free of charge to the City. The RAVE Foundation’s mission is to build small fields for free play and invest in programs that use soccer as a vehicle to inspire youth and strengthen communities.

The youth in our community will participate in creating artwork for the park, and both the Seattle Sounders and the Seattle Storm will provide on-going free programming, including clinics, camps and ball giveaways.

Small fields provide a place for kids to play freely, be physically active and safe, and to be inclusive stakeholders in their communities. The youth in our community will also get the benefit of taking part in the free programs offered. This partnership will accelerate our shared vision of health, wellness, and quality of life for our community.

Construction to begin Spring 2020.

Midway Community Garden

STORAGE

POLLINATOR
BED

SHARED
BED

SHARED
BED

SHARED
BED

SHARED
BED

Within this community garden there is a pollinator bed, shared beds, a kids bed and individual/family beds. Registered gardeners have access to storage, tools and water. For more information about this free community garden or to adopt a bed, call (206) 870-6547.



KIDS
BED

INDIVIDUAL/
FAMILY BED

INDIVIDUAL/
FAMILY BED

INDIVIDUAL/
FAMILY BED

INDIVIDUAL/
FAMILY BED

INDIVIDUAL/
FAMILY BED



THE DES MOINES ACTIVITY CENTER

Ages 50+ Fun & Activities

Main Office: (206) 878-1642

Email: seniors@desmoineswa.gov

Location: 2045 S 216th St, Des Moines, WA 98198
[next to the Des Moines post office]

Hours: Monday – Friday 9:00am–4:00pm

2020 Holiday Closures: May 25

During periods of inclement weather, we reserve the right to cancel trips.



www.facebook.com/DesMoinesActivityCenter



www.desmoineswa.gov/seniors

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SAVE THE DATE



**REGISTRATION
FOR TRIPS
AND CLASSES
STARTS
FRIDAY, MARCH 13
AT 9:00AM**

WHAT'S HAPPENING!

Celebrate your birthday with us—complete with entertainment!

First Wednesday of every month 11:30am

Monthly Movies—Beginning in April!

Last Wednesday of every month at 1:00pm. Look under "Ongoing Activities" for the list of movies being shown.

Fix It Repair Event

Bring in your small appliance, electronics, toys, tools and more. Repair event is first-come, first-served, with no appointments. We encourage you to call in advance to discuss your repair; Tom Watson (206) 477-4481.



Mon Mar 16 3:00pm–6:00pm

St. Patrick's Day Celebration

Join us for a special St. Patrick's Day lunch. Wear green!



Tue Mar 17 11:00am

Murder Mystery Dinner

Irish themed Murder Mystery Dinner called *Uncle Sean's Funeral*. Come dressed as if you are coming to an Irish Wake for Uncle Sean! Registration required. \$30pp/\$175 table.

Fri Mar 20 6:00pm

Easter Egg Hunt

Bring your basket as we hunt for Easter eggs!



Wed & Thu Apr 8 & 9 10:30am

Seattle Humane Vaccine Clinic

Free vaccine clinic providing resources to low-income pet owners.



Tue Apr 21 3:00pm–6:00pm

Spring Walk

Participate in a walk with us around Steven J. Underwood Memorial Park, located just behind our center!

Wed Apr 22 10:00am

Community Shred Event

Shredding sensitive documents is one way to reduce your risk of becoming an identity theft victim. Keep your personal information out of the hands of crooks. The event is free and open to the communities of Des Moines and Normandy Park.

Sun Apr 26 11:00am–3:00pm

Mother's Day Celebration

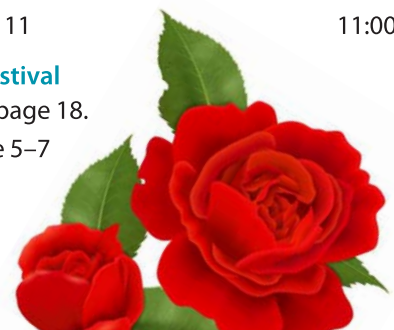
Bring in your special teacup and join us for a special Mother's day tea and desserts!

Mon May 11 11:00am

The Portland Rose Festival

More information on page 18.

Fri–Sun June 5–7



ADULT ADVENTURES

DAY TRIPS

Explore the Northwest and leave the driving to us! Ages 50+. Travel days vary. **Scholarships are available—ask when registering.** All Day Trips part from the Activity Center. Departure and return times may vary. During periods of inclement weather, we reserve the right to cancel trips. ***No refunds issued on advanced ticket purchases.**

MoPoP, Seattle

We'll take a trip to this museum dedicated to a broad range of unique, contemporary pop culture exhibits featuring music, sci-fi, fantasy, and more! Lunch on your own at the museum restaurant.

Wed Mar 11 8:15am–3:00pm \$30

Wastewater Treatment & WET Center Tour, Olympia

Join a tour about the water cycle, wastewater treatment, reclaimed water, careers in the wastewater field, water conservation, and more. No-host lunch at Budd Bay Cafe.

Wed Mar 18 8:15am–4:00pm \$20

Northwest Trek Wildlife Park, Eatonville

Let's visit this 720-acre wildlife park with native Northwest animals, forest, trams and more. Pack a lunch or dine in at the park's own Forest Café.

Wed Mar 25 8:00am–4:00pm \$30

Muckleshoot Casino, Auburn

Spend the day at the slots or table games. Lunch on your own.

Thu Apr 2 9:30am–3:00pm \$20



Shopping in Downtown Sumner

Stroll Sumner's Main Street and shop the wide variety of retail stores; home décor, antiques, and clothing. Pack a brown bag lunch or lunch on your own.

Thu Apr 9 10:00am–2:00pm \$20

*Seattle Asian Art Museum, Seattle

We'll visit the reimagined, reinstalled and reopening of the Seattle Asian Art Museum!

Wed Apr 15 9:30am–4:00pm \$35

Black Diamond Museum & Bakery

Learn about the rich mining history and depot of Black Diamond. Following the museum tour, dine for a no-host lunch at local favorite Black Diamond Bakery.

Thu Apr 23 9:00am–2:00pm \$20



The Old Goat Farm, Graham

Enjoy the charm of the century-old farmhouse, gardens, nursery, pasture and mature trees. Shop at the farm's own retail space. Pack a lunch to enjoy on our own tables in the garden.

Wed Apr 29 10:00am–3:00pm \$25

Olympia Farmer's Market, Olympia

With over 100 vendors, an estimated 400,000 visitors per year, The Olympia Farmers Market is a bustling marketplace. Pack a lunch or dine in at any of the market's food stalls or restaurants.

Wed May 6 9:30am–2:00pm \$20



North Bend Outlets

North Bend Premium Outlets features 50 designer outlets stores from fashion & sportswear, to shoes and gifts. Brown bag lunch recommended.

Wed May 13 9:00am–3:00pm \$20



The Book of Mormon Musical, Paramount Theatre Seattle

Winner of the 2011 Tony Award for Best Musical this hilarious Broadway musical is about a pair of mismatched Mormon boys sent on a mission to a place that's about as far from Salt Lake City as you can get.

Sat May 23 12:00pm–6:00pm \$115

TreeHouse Point, Fall City

Nestled about 30 minutes east of Seattle sits TreeHouse Point, a stunning 4-acre retreat and event center. We'll tour the whimsical village of unique treehouse accommodations at this quirky property. No-host lunch location TBD.

Wed May 27 10:30am–4:00pm \$35



*Advance Ticket Sales:

Mean Girls on Broadway, Paramount Theatre

Cady Heron may have grown up on an African savanna, but nothing prepared her for the wild and vicious ways of her strange new home: suburban Illinois. How will this naïve newbie rise to the top of the popularity pecking order? But when Cady devises a plan to end Regina's reign, she learns the hard way that you can't cross a Queen Bee without getting stung.

Meet at DMAC, transportation via light link rail. Dinner before the show at Cheesecake Factory. Show time 6:30pm.

Sun Aug 9 2:00pm-10:00pm \$95





Out to Lunch

Ages 50+. Enjoy a no-host lunch at new and old favorite eateries around the Sound. All trips depart 10:00am–10:45am and return about 2:00pm. \$10 transportation fee.



Fri	Mar 13	Water's Table at the Hyatt Regency, Lake Washington
Fri	Apr 10	Island Rum & Soul, Columbia City
Fri	May 8	Bruno's European Restaurant, Lakewood

Horticulture Outings

Explore lush and varied Northwest gardens and nurseries. Lunch at local eateries or bring a sack lunch. Note: Transportation fees vary and does not reflect no-host lunch or garden admission fees.

Fri	Age 50+	Transportation Fee	Depart
Apr 17	Degoede Nursery, MossyRock	\$25	9:00am
Apr 24	Keeping It Green Nursery, Stanwood	\$25	9:00am
May 1	Edgewood Nursery	\$15	9:30am
May 15	Brothers Nursery, Port Orchard	\$20	9:00am

Golf Outings

Enjoy playing 9 holes at Puget Sound courses. Transportation is available on a first paid basis or meet at the course. All players draw numbers to determine playing partners and tee position. Departure and return times vary. Transportation fees vary. Green Fees are payable at the course.



Mon	Age 50+	City	Transp. Fee	Green Fees
Apr 27	Meadow Park	Tacoma	\$15	\$16
May 11	Classic	Spanaway	\$15	\$15
May 18	Battle Creek	Marysville	\$25	\$19
Jun 8	Mystery Trip	???	\$20	\$20

Ongoing Activities

Join in the fun! No registration required.

Wii Games & Sports	Mon/Wed/Fri	10:00am–1:30pm
Hand & Foot Cards	Mon/Fri	1:00pm–4:00pm
Mexican Train Dominoes	Tue	1:00pm–4:00pm
Arts & Crafts	Wed	9:00am–11:30am
American Mahjong	Wed	12:30pm–3:00pm
Duplicate Bridge	Fri	10:00am–1:30pm
Monthly Movie NEW!	Last Wed of each month 1:00pm–3:30pm (run time may vary)	
	April 29– <i>The Hustle</i>	
	May 27– <i>Ocean's 8</i>	
	June 24– <i>Hidden Figures</i>	

The Portland Rose Festival

This year's festival theme is 2020 Rose Vision.

Fri, Jun 5–Sun, Jun 7, 2020
Single Room \$547, Double Room \$375/pp

Price includes transportation to Amtrak station, round trip train travel, 2 night hotel stay, 2 breakfasts, and admission into Rose Events.



Travel With Collette

Bluegrass Country & The Smoky Mountains

Oct 8–16, 2020

Book now & Save \$100 per person
Double \$3,099* / Single \$3,999 / Triple \$3,069

Travel on a 9 day trip to Bluegrass Country and the Great Smoky Mountains Nat'l Park. Some of the trip highlights include; Churchill Downs, Buffalo Trace Bourbon Distillery, Lexington Horse Farms, Great Smoky Mountains Nat'l Park, Ole Smoky Moonshine Distillery, Dolly Parton's Stampede & Dinner Show, Asheville, Biltmore Estate. 12 meals and round trip air from Seattle are included in the price.



For reservations contact: Barbara Knecht (206) 870-6584.

A deposit of \$500 per person is due upon reservation. Deposits are refundable up until April 08, 2020. Final payment due by August 09, 2020. Not included in price: Cancellation Waiver and Insurance of \$299 pp.

**All rates are per person and are subject to change, based on air inclusive package from SEA.*

VOLUNTEER OPPORTUNITIES

The Activity Center could not operate at the level it does without volunteers. We have lots of opportunities for you to get involved within your community. Lunch provided. For more information, contact (206) 878-1642.

*Kitchen volunteers • Office Volunteers • Dining room set up
Special events team • And many more!*

DES MOINES ACTIVITY CENTER'S WISH LIST

We welcome your donations and help!

You can donate any or all of these items to our front office:

- Reams of white printer/copy paper, letter size
- Zip-lock bags, gallon or quart
- Disposable paper coffee cups with lids
- Antibacterial cleaning wipes
- Pencils & Pens
- Single-serve coffee creamers
- Kleenex

THANK YOU!

LUNCH AT THE ACTIVITY CENTER

Lunch provided by Catholic Community Services. Join us for a nutritious and social lunch. \$4.50 suggested donation.



Mon-Thu 11:45am Des Moines Activity Center

**No lunch service on May 25.*

TRANSPORTATION

Learn to Ride Metro Transit Bus using your mobility device

Learn how to use the ramp to board Metro buses using your mobility device: walker/cane, wheelchair/scooter, or with service animal. Including practice parking in the coach's securement areas. An inactive, stationary bus is used to practice during the training session. A free ride to and from the training session is provided for you and your mobility devices. Ongoing training held every second Thursday of every month. You must pre-register by calling (206) 793-3133.

Thu Mar 12 11:30am–1:30pm Activity Center

Get your ORCA card— Senior and Disabled Reduced Fare

No need to go downtown—ORCA is here! Come get your adult, senior and disabled regional ORCA card. Must be 65 to qualify as a senior. The card is free! Cash, checks and major credit cards accepted for e-purse payment.

Thu Apr 30 9:30am–11:30am Activity Center

Learn to Ride Metro Transit Bus and Light Rail

You must pre-register and attend both Part 1 and Part 2 classes. Call to register at (206) 878-1642.



Part 1: Classroom Presentation

Come learn how to ride and navigate the LINK light rail. Get useful tips on boarding, recognizing your trip, transferring from LINK to busses, paying, and planning your trip.

Mon	May 4	9:30am–11:00am	English	Activity Center
Thu	May 7	9:30am–11:00am	Spanish	Activity Center

Part 2: Group Instruction Outing

Gain confidence by riding the bus and light rail with our group. The Metro instruction will escort us on a trip so we can practice riding the bus to the light rail. Then we'll all get on the light rail to the University of Washington, and make a practice stop along the way to experience getting on and off the light rail.

Wed	May 6	9:30am–2:30pm	English
Thu	May 28	9:30am–2:30pm	Spanish



AARP Smart Drivers Course

Age 50+. Discover how to be more aware in today's traffic. Reinforce good habits and iron out the bad habits that have crept into your driving pattern. Upon completion of the course your certificate will get you a discount on your auto insurance as required by state law. Lunch break provides an opportunity to take advantage of the Nutrition Lunch Program. Payment collected on first day of class in either check or money order form.

\$15 AARP Member/\$20 AARP Non-member
Tue & Wed May 12 & 13 10:00am–2:30pm Activity Center

Saturday, April 18, 2020 EARTH DAY CELEBRATION at SALTWATER STATE PARK

Sponsored by Friends of Saltwater Park

Activities at the park for all ages include:

9:30am	Beach Walk with Naturalist
10:00am	Scuba Dive Splash Time
11:00am–2:30pm	Crafts/Nature Activities/Displays/ Marine Life/Photo Blitz
1:00pm	Hike in the Woods ~ 1.5 miles

Parking: Need day pass/Discovery Pass

Email Questions to: friends.saltwater.statepark@gmail.com





Murder Mystery Dinner

Join us for a wake-themed Murder Mystery called *Uncle Sean's Funeral*. Come dressed as if you are coming to an Irish Wake for Uncle Sean! Solve the mystery and win a prize! Meal is included with your ticket purchase. Cash bar. Registration required.

Fri Mar 20 6:00pm \$30pp/\$175 table Activity Center



Beginner Smart Phone Workshops

Must bring in your smart phone to class to facilitate learning these skills on a device regularly used. These classes are free workshops.

Basic Smart Phone Settings

Increase your understanding of your phone settings menu and contacts. Seating is limited; registration required.

Tue	Mar 24	10:00am–11:00am	Activity Center
Mon	Apr 27	10:00am–11:00am	Activity Center
Mon	May 18	10:00am–11:00am	Activity Center



Basic App Skills

Learn about different apps, how to install and use helpful apps. Seating is limited; registration required.

Mon	Apr 13	10:00am–11:00am	Activity Center
Tue	May 12	10:00am–11:00am	Activity Center

STRESS FREE TECHNOLOGY

Computer Lab

The computer lab at The Des Moines Activity Center is open for drop-in, non-instructional use.

Mon	Mar 16	10:00am–11:00am
Mon	Mar 23	9:00am–4:00pm
Mon–Wed	Apr–May (no class May 25)	9:00am–2:00pm

Instructor-Led Computer Lab

Have specific questions about computers? Call our office to register for any of the lab times with tutor.

Mon	Mar 23	10:00am–11:30am
Mon	Mar 30	10:00am–11:30am
Mon	Apr 6	10:00am–11:30am
Mon	Apr 20	10:00am–11:30am
Mon	May 11	10:00am–11:30am
Mon	Jun 1	10:00am–11:30am



ADULT FITNESS

Enhance Fitness (Silver & Fit Eligible)

Improve physical conditioning levels and decrease the risk of falling with stretching, low-impact aerobics, strength training and balance exercises. Gym-type shoes are required and a water bottle always recommended. Co-sponsors are Kaiser Permanente and Sound Generations. Instructor: Yu San Gartz



Tue/Thu/Fri			Field House
Mar 3–31	8:00am–9:00am or 9:20am–10:20am		\$52
Apr 2–30	8:00am–9:00am or 9:20am–10:20am		\$52
May 1–29	8:00am–9:00am or 9:20am–10:20am		\$52

Tai Chi (Silver & Fit Eligible)

This class is broken down into Introductory Levels and Continuation Levels. The class familiarizes students with the basic movements of Tai Chi and explores the 24 pattern sequence. The emphasis is on the no-impact, relaxed flowing movements which aid in balance, increased strength and vitality. Wear comfortable, loose clothing. Instructor: John Lindsay



Mon/Wed			NP City Hall Rec Ctr
Mar 2–Mar 25	1:00pm–2:00pm		\$60
Apr 6–Apr 29	1:00pm–2:00pm		\$60



Yoga—All Levels Welcome (Silver & Fit Eligible)



Guided Meditation & Gentle Yoga for seniors: This class begins with a seated guided meditation and then moves to gentle, all levels seated and standing postures with the assistance of a chair. Develop strength, flexibility, balance and focus. Poses work the spine, hips, shoulders, ankles and feet, hands and wrists. Come practice patience, ease, and gentle quiet strength and effort for stability and longevity. Instructor: Meagan of Sugarcane Yoga.

Thu		Activity Center
Mar 26–May 21 <i>No class Apr 16</i>	4:30pm–5:30pm	\$55
Jun 11–Aug 6 <i>No class Jul 2</i>	4:30pm–5:30pm	\$55

Dance for Parkinson’s

(For adults with movement issues)

Explore dance movements in a welcoming environment with live music. Caregivers and friends are invited to join in! No dance experience necessary. Presented by Seattle Theatre Group (STG) and Spectrum Dance Company. Register in advance by calling Shawn Roberts, Seattle Theatre Group, (206) 518-5232 or in person at the first class. Suggested donation \$5.



Mon		Activity Center
Mar 23–May 11	2:00pm–3:30pm	



SUNDAY DANCES!

Dancing stimulates your mind, body and soul! Waltz, Jitterbug, Swing...move to the live music of Randy Litch on our beautiful hard wood floor. Adults of all ages welcome!

Sun	Activity Center	
Mar 22	1:00pm–3:00pm	\$5
Apr 26	1:00pm–3:00pm	\$5
May 24	1:00pm–3:00pm	\$5



SUNDAY WALKS!

Local resident Gary McNeill hosts walks on (typically) the 3rd Sunday each month. The location and routes of the walks are subject to change, so updated information can be obtained on Meetup.com by searching for Des Moines Waterland Walking Group.

Sat Mar 21 11:00am
Redondo Boardwalk and MAST Center
Meet on the Redondo Pier near the bathrooms and espresso stand.

Sun Apr 26 11:00am
Highline Community College campus
Meet in the south parking lot near the intersection of South 240th Street and 25th Avenue South.

Sun May 17 11:00am
Des Moines Creek Trail
Meet in the northwest corner of Des Moines Marina near the fishing pier and bathrooms.

Sun Jun 21 11:00am
Saltwater State Park
Annual Father’s Day walk, meet by the bathrooms in the lower parking lot.



BLUEPRINT FOR LIVING

A series of workshops and presentations designed to enhance your independence. Presentations are free unless otherwise noted and held at the Des Moines Activity Center. Register in advance by calling (206) 878-1642.

Support Group

Des Moines Activity Center hosts a weekly caregiver support group. Caregivers are welcome to bring their loved one and volunteer will provide activities for them. No registration necessary. In cooperation with Des Moines United Methodist Church.

Thu Ongoing 2:00pm-3:30pm

Working for Wellness

Your health is affected by many things in your life. Learn easy steps you can take to improve your health. Nutrition and lifestyle will be a focus on this presentation. Presented by Providence Elderplace, Joy Gonzales, Registered Dietician.

Mon Mar 23 10:30am

Make an Emergency "Grab and Go" Notebook

Class members will leave with a booklet to record and create an "In-Case-of-Emergency" everything document to keep you and your loved ones informed. You and your loved ones can have greater peace of mind knowing this information is collected and organized in one place that, if needed, your emergency contacts can easily be accessed. You must register for this class to ensure you get a notebook!

Emergency planning notebook (a \$15 value) is free, compliments of Mirror Lake Village Senior Living Community, Federal Way. One booklet for each attendee. Presented by Sheila Goodfellow, CSA, Comfort Keepers

Thu Apr 2 10:00am

MEDICAL LENDING CLOSET

Are you slated for a surgery and may need medical equipment such as a bath bench, walker or commode during rehab? Check out our self-service Medical Lending Closet!

- Donation suggested (\$5-\$25)
- Equipment available for short-term use
- Available on a first-come basis
- Items are clean when checked out and should return clean



MEDICAL LENDING CLOSET

Des Moines Activity Center

2045 S 216th Street, Des Moines WA

Monday-Friday, 9:00am-3:30pm • (206) 878-1642

eBook & Find Your Next Great Book Demonstration

Come discover how to access thousands of FREE eBooks and find your next great read! Bringing your own device is encouraged. Apple or Google ID and password username and password required. Facilitator: KCLS Librarian.

Mon Apr 6 10:00am



Stories that Feed

Join Bridget Kubes and the On-the-Grow Garden Truck as we share stories about the joy of food, family and culture. Whether we have stories around growing, cooking, eating, healing or celebrating, every memory roots us to the importance food plays in our lives, family, community and culture!

Thu Apr 16 10:00am-11:30am



Brain Boost: Energize and Protect Your Brain with Food!

Ever wonder what you can do to prevent memory decline as you age? In this class, learn how to energize and protect your brain with your food choices and to optimize your lifestyle to retain your memory for the future. Presented by Christy Goff, RD, CD, Living Well Alliance, Pacific Medical Centers. Sponsored by Comfort Keepers In Home Care.

Tue May 12 10:00am

Space Exploration Series Spacecraft Explore the Solar System

In his presentation, German born spacecraft propulsion engineer and Museum of Flight Docent Dr. Dieter M. Zube will discuss the scientific and engineering background to mount these missions, their results, and what the near future holds. Dr. Zube is in the active workforce for a Redmond satellite propulsion company and has personally been involved in some of NASA's missions to land unmanned spacecraft on Mars.

Thu May 14 7:00pm-9:00pm



Beyond the Farthest Horizons

Building off of Dr. Zube's May presentation, Ron Hobbs will discuss in more detail current science surrounding deep space exploration. Ron has been a Solar System Ambassador by NASA's Jet Propulsion Laboratory since 2001. That led to volunteering and then working for the Museum of Flight in Seattle, hosting astronauts, astronomers and planetary scientists for Public Programs.

Thu Jun 11 7:00pm-9:00pm

ACTIVE SENIORS

Wellness & Health Class Series

Learn more about tailored medicines and dosages to meet your specific needs with quality and professional prescription compounding and nutritional supplements. Rather than matching the patient to the prescription, they match the prescription to the patient. Attend these wellness and health classes held once monthly at Key Compounding Pharmacy in Federal Way followed by a visit to their retail store. Meet at DMAC. Registration required, (206) 878-1642.

Thu	Mar 19	10:00am–11:30am	Topic: Energy/Immune Support
Tue	Apr 21	10:00am–11:30am	Topic: Cholesterol
Tue	May 19	10:00am–11:30am	Topic: Bone Density

Do 1 Thing – Emergency Preparedness Series

12 months, 12 things. Do1Thing is a program that makes preparing easier by helping people take small steps each month toward becoming better prepared for emergencies or disasters. Join us for any of these free workshops.

Thu	Apr 2	11:00am–11:30am	Topic: Emergency Food Supply	<i>Spanish</i>
Tue	Apr 7	12:15pm–12:45pm	Topic: Emergency Food Supply	<i>English</i>
Tue	May 5	12:15pm–12:45pm	Topic: Community Preparedness	<i>English</i>
Thu	May 7	11:00am–11:30am	Topic: Community Preparedness	<i>Spanish</i>

Eat the Rainbow – Featuring Salad in a Jar

Eat the Rainbow is a fun way to eat more healthy foods! Did you know that different colors represent different nutrients and phytonutrients that support our health? Bridget Kubes from the Garden Truck will share how to bring more color and nutrients into your diet, along with handouts and charts to track colors. Let's add some color to our diet!

Tue	May 19	10:00am–11:30am	English
Thu	May 21	10:00am–11:30am	Spanish



COMMUNITY EVENTS

Fix It Repair Event

Bring in your small appliance, electronics, toys, tools and more. Repair event is first-come, first-served, with no appointments. We encourage you to call in advance to discuss your repair; Tom Watson (206) 477-4481. Mon Mar 16 3:00pm–6:00pm Activity Center



Seattle Humane Vaccine Clinic

We're partnering with Seattle Humane and hosting a free vaccine clinic to provide resources to low-income folks with pets. Tue Apr 21 3:00pm–6:00pm Activity Center



Shredding Event

The City of Des Moines Senior Services Advisory Committee will be hosting a paper shredding event. This event is open to all residents of the City of Des Moines and Normandy Park. Maximum amount per person is 10 file sized boxes of papers. For more information and to learn what is and is not accepted, please Contact the City of Des Moines Activity Center at (206) 878-1642. Sun Apr 26 11:00am–3:00pm Activity Center

FREE HEALTH & SERVICE PROGRAMS

Ages 60+

Statewide Health Insurance Benefits Advisors (SHIBA) Services

2nd Wednesday of each month. By appointment only, call (206) 878-1642.

Foot Care

Weekly on Wednesdays and Thursdays by appointment only, call (206) 878-1642.

On-site Social Worker

Wednesdays from 10:00am–2:00pm. Meet with Gerry Stone whose social support service focuses will be for grief support, one-to-one counseling, resources and information, leading workshops (Medical Power of Attorney, Health Care Directives), and assistance with health insurance, caregiver and depression issues. By appointment only, call (206) 878-1642.

Legal Services

Fourth Thursday of each month. By appointment only, call (206) 878-1642.

Immigration Consultation

The last Friday of the month, free 30-minute Immigration Consultations to answer questions about Green Card Renewal, Naturalization, Citizenship, Travel Documents, Freedom of Information Act Requests, Work Permit Application & Renewal, and bringing family members to the U.S, and more. By appointment only, call (206) 779-5429. Provided by the West African Community Council's Immigration and Referral Service.



Club KHAOS

Kids Having An Outrageous School Year!

Our energetic and dedicated staff will ease you and your kids into an outrageous school year filled with fun, friendships and enriching experiences to stimulate their imagination, spark their learning skills and develop healthy habits with K-Fit!

Grades K-5 Mon-Fri R/NR
Registration Fee: \$30/\$35

Highline School District Sites: Des Moines, North Hill, Marvista, Midway & Parkside Elementary Schools

Financial Scholarships Available:
Please call (206) 870-6527 for detailed information!

Monthly sessions throughout the school year.

Wake up in KHAOS

Start your child's day with friends and caring staff. A nutritious snack and a morning filled with enriching activities, individual and group playtime.

6:30am-school starts

Dates R/NR
 Apr \$251/\$304
 May \$295/\$357
 Jun \$177/\$215

Daily Drop-in Fee: \$17.75/\$21.50

All prices subject to change due to school district schedules.

Sunset in KHAOS

Relax knowing your child, fueled with a nutritious snack, will burn off that excess energy absorbed in lively games, seasonal arts, crafts and creative play. Time is set aside for homework.

**Early Release Fridays must be paid seperately.*

School dismissal-6:00pm

Dates R/NR
 Apr \$207/\$250
 May \$221/\$268
 Jun \$148/\$179

Drop-in Fee: \$17.75/\$21.50

***Early Release Fridays: \$23/\$27**

All prices subject to change due to school district schedules.

Sunrise to Sunset

Give yourself a worry-free day by knowing that you are covered both before and after school; plus a significant fee reduction. Includes Early Release Fridays.

6:30am-6:00pm

Dates R/NR
 Apr \$363/\$439
 May \$426/\$516
 Jun \$256/\$310

All prices subject to change due to school district schedules.

Break Camp

This is your solution to not having time off when your child does! Break Camp provides a warm, caring and safe environment where friendships flourish and leadership skills blossom through participation in enriching experiences cleverly presented under the guise of arts, crafts, games, tutoring and reading. Children keep fit participating in active games and athletics. You send lunch, we provide nutritional snacks!

6:30am-6:00pm

Day Dates Field House Camp Type
 Mon-Fri Apr 6-10 Spring Break

All dates subject to change due to school district schedules.

Daily Drop-in Fee: \$40/\$45
Spring Break Fee: \$166/\$187

START PLANNING FOR SUMMER!

Check out the May issue for dates and pricing on Summer Camp KHAOS.





YOUTH SPORTS/LEAGUES

Tee-Ball & Coach Pitch Coed Leagues

Registration starts March 1 and closes May 17.

Get out the leather glove, swing that aluminum bat and enjoy team building and social interaction! Focus is on developing hand-eye coordination through hitting, fielding, throwing and catching properly. Playing field and rules are modified to match participant age and skill levels.



Ages 3-5 Tee-Ball Ages 6-8 Coach Pitch

Season Runs Jun 1–Aug 1,
Des Moines Area Fields

Registration Dates

Mar 1–Apr 30	R/NR \$71/\$85
May 1–May 17	\$81/\$95

Tee-Ball/Coach Pitch Coaches Meeting

Tue May 12 6:00pm Field House

For information about coaching, sponsorship and scholarships, please call (206) 870-6527.

YOUTH ACTIVITIES

Basketball Training Clinic

Des Moines Parks and Recreation is the place to go if you want to develop as a basketball player. All levels are welcome! We will cover shooting, ball handling, passing, and how to play without the in hands. Sign up now and improve your basketball skills.

Grades 3–8		R/NR	Field House
Thu	Apr 9–30	\$130/\$156	5:30pm–6:45pm
Thu	May 7–28	\$130/\$156	5:30pm–6:45pm
Thu	Jun 4–25	\$130/\$156	5:30pm–6:45pm

Indoor Tot Time

Keep your little ones active indoors with exercise and play! We will have fun tumbling mats, ride-on toys, and age-appropriate sports equipment available on hand. Join in the fun and watch them make new friends along the way. \$20 for a 10-visit punch card or \$3/drop-in per child.

Mon/Wed Ages 1–5 10:00am–12:00pm Field House

Tiger Kids Martial Arts Course Overview

Instructor: Mitch Mayberry, International Champion, 9th degree Black Belt Master

Fee: all participants must pay the \$14 AAU Membership in addition to the individual course fees. Uniforms optional and available from the instructor.

Tiny Tigers Kung Fu & Taekwondo

A fun and less intense Martial Arts program focusing on fun and fitness while developing motor skills, coordination and improved listening skills through the use of games and training aids including bag kicking and swordplay for fun.

Wed	Ages 3–6	Field House	R/NR
Apr 22–Jun 10		4:20pm–4:50pm	\$92/\$110
Jun 24–Aug 12		4:20pm–4:50pm	\$92/\$110

Tiger Kids/Family Martial Arts & Fitness

Kids and their parents, or just the kids, can have fun while developing coordination, focus and fitness. Students can progress in belts and learn the simple moves of Taekwondo/ Karate to the cool moves of the Ninja Turtles (Kobudo Weaponry) and Kung Fu promoting confidence, achievement and safety skills. Bag Kicking and Jedi Warrior sparring also for fun.

Wed	Ages 7+	Field House	R/NR
Apr 22–Jun 10		4:50pm–5:30pm	\$92/\$110
Jun 24–Aug 12		4:50pm–5:30pm	\$92/\$110

Colored Belts 4:50pm–5:45pm.

EGGStravaganza

Enjoy a leisurely
EGG HUNT!



\$5

Saturday, April 11
9:00am–10:00am
The meadow in
Des Moines Beach Park

Fun crafts, activities, prizes and photo opportunities with the Easter Bunny. For children in 6th grade or younger. Children under five must be accompanied by an adult.

TEEN



Des Moines Youth Council

Des Moines Youth Council

Make new friends and gain leadership and organization skills participating in Des Moines Youth Council. The Council plans civic activities during the school year and participants earn credits towards reward activities offered at the end of the year, such as trips to Wild Waves or Seattle Mariners games. There is open enrollment year-round—request an application. Parents are invited to attend the first meeting. Call in advance to confirm meeting dates, (206) 870-6582. Facilitators: Recreation Staff.

Thu 3:00pm–4:30pm Grades 6–8 Free

Teen Dances

Kick it at themed dance parties hosted by Des Moines Youth Council! Themed dance parties feature contests, concessions and dancing. Des Moines schools: Grades 6-8; waiver and student ID required for admission or Des Moines residents with parent verification. Call (206) 870-6582 for policy information. Facilitator: Recreation Staff.



Fri 7:30pm–10:00pm Field House \$8

Mar 20 Neon Glow
Apr 24 Spring Fling
Jun 5 Summer Fever

Better Babysitters Class

Participants receive the knowledge and confidence to care for infants to school-age children through videos, activities, hands-on training and discussion for a complete learning experience. Babysitter Training teaches how to respond to emergencies, make decisions, communicate with parents, manage children, feed, diaper, care for infants and start a babysitting business. Bring a sack lunch and a snack. Bring \$18.00 materials fee to the instructor the day of class. Instructor: Gaylynn Smith, Pro Cert.

Sat	Ages 11–15	Police Station	R/NR
Mar 14		8:30am–2:30pm	\$56/\$68
May 9		8:30am–2:30pm	\$56/\$68

Open Gym Basketball

Every early release Friday open gym is available for all Des Moines middle/high school students. This will include full or half court pick-up games pending the amount of participants. No school = No open gym. Must have student ID.

Fri Apr-Jun Field House 1:00pm–4:00pm \$3



HIGHLINE COLLEGE

EARN YOUR BACHELOR'S DEGREE AT HIGHLINE COLLEGE

Did you know Highline College offers six applied bachelor's degrees?

Programs include:

- Cybersecurity and Forensics
- Global Trade and Logistics
- Integrated Design
- Respiratory Care
- Teaching and Early Learning
- Youth Development

Learn more at highline.edu/bas

Highline is an AA/EEO/Title IX Institution. TDD (206) 870-4853



Ariel Reyes-Rodriguez is earning his bachelor's degree in Integrated Design

ADULT LEAGUES

Softball Leagues

Adult Men's & Coed

Spring ball is approaching soon! Get to first base with your team and sign up for a 14-game season topped off with a single elimination post-season tournament.

Registration Deadline

Apr 7

R/NR

\$960/\$1,045

Coaches Meeting: Tuesday, Apr 7

Coed Recreation Division Mon evenings Starts April 20

Men's Recreation Division Tue evenings Starts April 21

Senior Adult Coed Softball

Now recruiting avid softball players for Des Moines recreational senior coed softball teams! Call (206) 870-6527 for details. Age 50+, player fee ranges between \$20-\$40 (determined after the sign-up and sponsor deadline).

Practices: Tue/Thu starting in April

Games on: Tue/Thu starting in May

Game Times: 10:00am

Practices/Home Games:

Steven J Underwood Memorial Park

Away League Games: Fields throughout King County



ADULT ENRICHMENT

American Boating Course

Learn the essential information to operate a boat including boat handling, seamanship, necessary equipment, boat trailering, and much more. This course exceeds educational requirements in all states and a test is given at the conclusion of the course to qualify you for a boating education certificate. Bring a sack lunch. Fee includes textbook and all materials. Students are responsible for picking up supplies. Instructors: Poverty Bay Power Squadron.



Sat	Ages 12+	Public Works & Parks Service Ctr
Apr 18	8:00am-4:00pm	\$40
Jun 13	8:00am-4:00pm	\$40

Dog Obedience

Love your dog but all the chewing, jumping, barking and little "accidents" testing you? Dog Obedience should turn your little "terror" into a well-behaved pet. Proof of vaccination is required at first class. Instructor: Jan Magnuson, Retired Animal Control Officer, Champion Trainer.



Dogs	4+ months	Field House	R/NR
Wed	Apr 22-May 27	6:15pm-7:15pm	\$95/\$105
Wed	Apr 22-May 27	7:30pm-8:30pm	\$95/\$105
Wed	Jun 10-Jul 15	6:15pm-7:15pm	\$95/\$105
Wed	Jun 10-Jul 15	7:30pm-8:30pm	\$95/\$105



RECREATION SCHOLARSHIPS



The City of Des Moines Parks Recreation and Senior Services strives to make all programs and activities accessible to all people regardless of income. Scholarships will be granted on a percentage discount, depending on individual circumstances. All information will remain confidential. To be eligible for a scholarship, you must reside within the city limits of Des Moines, WA and meet the family size/yearly income requirements. Applicants meeting eligibility guidelines are awarded up to \$150 per quarter per calendar year. Eligible residents will be required to provide proof of identification, residency, and income. Scholarship applicants must be approved prior to registration. Call (206) 870-6527 for more information.

La Ciudad de Des Moines Parques de Recreación y Servicios para Personas Mayores se esfuerza por hacer que todos los programas y actividades sean accesibles a todas las personas independientemente de sus ingresos. Las becas se otorgarán con un descuento porcentual, dependiendo de las circunstancias individuales. Toda la información permanecerá confidencial. Para ser elegible Para una beca, debe residir dentro de los límites de la ciudad de Des Moines, WA y cumplir con el tamaño de la familia / ingresos anuales. Reunión de solicitantes Las pautas de elegibilidad se otorgan hasta \$ 150 por trimestre por año calendario. Los residentes elegibles deberán presentar prueba de identificación, residencia, Y los ingresos. Los solicitantes de becas deben ser aprobados antes del registro. Llame al (206) 870-6527 para más información.

Household Size	1	2	3	4	5	6	7	8
50% Discount	\$23,107	\$31,284	\$39,461	\$47,638	\$55,815	\$63,992	\$72,169	\$80,346
75% Discount	\$19,672	\$26,633	\$33,595	\$40,556	\$47,518	\$54,479	\$61,440	\$68,401
90% Discount	\$16,237	\$21,983	\$27,729	\$33,475	\$39,221	\$44,967	\$50,713	\$57,459

* Acceptable forms of back-up information: Proof of Identity: driver's license, ID card, or passport. Proof of Residence: utility bill or rental lease agreement. Proof of Income: most current tax return, most current paycheck stub, DSHS check stub, SSI statement.*

VOLUNTEER: CHANGE YOUR LIFE AND YOUR COMMUNITY

GIVE BACK TO YOUR COMMUNITY! Volunteers have a positive impact on our community through amazing service projects. We welcome volunteers from all walks of life—individuals or groups. Check out the unique ways you can contribute your time, energy and skills to strengthen this community!

ADOPT-A-SPOT PROGRAM

Enhance the beauty of our community. Help us tackle park clean-up, landscaping, tree planting and general sprucing-up. Des Moines spots available for adoption include Big Catch Plaza, Overlook I and II and South Marina Parks.

Contact: Janet Best, (206) 870-6547 or jbest@desmoineswa.gov

KING COUNTY BEACH NATURALIST PROGRAM

Volunteers help protect our beaches by enlightening users on ways to enjoy the beach without harming it.

Contact: beachnaturalist@seattleaquarium.org

FRIENDS OF DES MOINES CREEK partners with community volunteers to remove invasive weeds, replant natives and maintain and protect the Des Moines Creek buffer.

Contact: Laura Hartema, laurahartema@yahoo.com

FRIENDS OF SALTWATER STATE PARK sponsors a monthly work party to remove invasive plants. Tools provided 10 to noon on the first Saturday of each month.

Contact friends.saltwater.statepark@gmail.com.

SONJU COMMUNITY ORCHARD & GARDEN

Harvest fruit and vegetables for the food bank or participate in the community garden/pea-patch work parties.

Contact: Kim Richmond, friendsofsonjupark@hotmail.com

DES MOINES ACTIVITY CENTER

Give back to our community's older adults by lending a hand, and you'll feel good, too! Seeking: Laptop/Cell phone One-on-One Help, Trip Drivers and Instructors.

Contact: (206) 878-1642 or seniors@desmoineswa.gov

DES MOINES PARKS & RECREATION

Inspire our youth! Seeking volunteers to coach or assist with special events, teens for the youth council program, scouts, church groups, families and individuals for various projects around the city.

Contact: (206) 870-6527 or recreation@desmoineswa.gov

THE HYDE SHUTTLE

Volunteers urgently needed to drive Sound Generations shuttles in Normandy Park and Des Moines assisting seniors and residents with disabilities. Safe and reliable transportation is needed for socialization, errands, appointments and recreational activities.

Learn more: www.soundgenerations.org/transportation





Parks & Recreation Offices

Field House 1000 S 220th Street (206) 870-6527
 Activity Center 2045 S 216th St Des Moines, WA 98198 (206) 878-1642

Facility / Address

Facility / Address	Acreage	PLAY AREA	BALLFIELDS	RESTROOMS	PICNIC/CKING	BASKETBALL HOOPS	FISHING PIER/BOARDWALK	TENNIS COURTS	NATURAL AREA/TRAILS	RECREATION CENTER	WALKING PATH	CREEK	SCENIC VIEW	BOAT MOORAGE/LAUNCH	PARKING	BICYCLING	FACILITY RENTAL	BEACH	SKATEBOARDING	ART / HISTORICAL SITE	SEATING	COMMUNITY GARDEN		
1 Barnes Creek Trail Kent-Des Moines Road to 15th Ave. S.	1.2																							
2 Big Catch Plaza SW corner of S. 216th & Marine View Dr. S.	0.2																							
3 Cecil Powell Park 250th & 13th Pl. S.	0.2																							
4 Des Moines Activity Center 2045 S. 216th Street																								
5 Des Moines Beach Park-Historic District 22030 Cliff Ave. S.	19.6																							
6 Des Moines Creek Trail Access at S. 200th St. (SeaTac), 18th Ave. S. & 216th St. and 13th Ave. S. & S. 211th St.	9.58																							
7 Des Moines Marina 22307 Dock Ave. S.	45																							
8 Des Moines Memorial Park Marine View Dr. S. & Des Moines Memorial Dr.	0.1																							
9 Dr. Shirley B Gordon Park 2194 S 262nd Ct.	0.86																							
10 Field House Park/Community Center 1000 S. 220th St.	5.2																							
11 Kiddie / City Park S. 230th St. & 21st Ave. S.	3.2																							
12 Mary Gay Park 1616 South 223rd St.	1.8																							
13 Midway Park S. 221st & 29th Ave. S.	1.6																							
14 Overlook I Park Corner of S. 223rd & Cliff Ave. S.	0.1																							
15 Overlook II Park S. 222nd & 5th Ave. S.	0.5																							
16 Parkside Park S. 244th St. & 25th Ave. S.	4.4																							
17 Parkside Wetlands 248th St. & 26th Ave.	14																							
18 Redondo Pier, Boat Launch & Boardwalk Redondo Beach Dr. & Redondo Way	2.79																							
19 Sonju Park 24728 16th Ave. S.	9.3																							
20 South Marina Park NE corner of S. 227th & Dock Ave. S.	0.8																							
21 Steven J. Underwood Memorial Park 21800 20th Avenue South	20.5																							
22 Water Tower Park 208th between 5th & 6th	1.34																							
23 Westwood Park 6th Ave. S. & S. 192nd St.	1.34																							
24 Woodmont Park Woodmont Dr. S. & 12th Ave. S.	8.7																							
25 Wooton Park 28202 S. 9th Ave.	2.3																							



YOUTH, ADULT AND SENIOR REGISTRATION INFORMATION

HOLIDAY CLOSURES: Monday, May 25

PARKS AND RECREATION ADMINISTRATIVE OFFICE

1000 S 220th Street
Des Moines WA 98198
(206) 870-6527
TDD Line: (206) 824-6024
Fax: (206) 870-6587
recreation@desmoineswa.gov
www.desmoineswa.gov/155/
Parks-Recreation-Senior-Services
Hours: Monday-Friday,
8:00am-6:00pm

DES MOINES ACTIVITY CENTER OFFICE SENIOR SERVICES

2045 S 216th Street
Des Moines WA 98198
PO Box 98576
(206) 878-1642
seniors@desmoineswa.gov
www.desmoineswa.gov/217/
Senior-Services
Hours: Monday-Friday,
9:00am-4:00pm

HOW TO REGISTER:

Program registration:
www.desmoineswa.gov/dash
Walk-in: check, cash, Visa/
Mastercard
Phone: Visa/Mastercard
Mail-in: registration form with
payment by check or Visa/
Mastercard information.
Registration forms are available
in the offices or online at
www.desmoineswa.gov/158/
Forms-Documents

REGISTRATION POLICIES:

Pre-registration is required for all programs unless otherwise stated. Registration is taken on a first-paid basis. Returned check fee: \$40 (plus 50% surcharge if collection action needed).

RESIDENT PRIORITY:

Effective January 1, 2010, the City of Des Moines implemented a Resident Discount Policy offering residents discounted fees for recreation programs. Non-residents and city residents who choose not to provide proof of residency will be assessed the full fee for programs. The Resident Discount (RD) Fee is available to residents living within the City of Des Moines' jurisdictional boundaries and senior adults.

To qualify for the RD Fee, participants must provide proof of residency such as: valid picture ID with a Des Moines address or valid picture ID accompanied by a utility bill with their Des Moines Address. Sports teams qualify for the RD Fee when 51% of their players are Des Moines residents (proof of residency will be requested). The full program fee will be charged to participants who are not Des Moines residents or choose not to provide proof of residency. Questions related to residency should be directed to (206) 870-6527.

REFUND POLICY/ CANCELLATIONS:

When DMPR/SS cancels a program, a full refund or credit will be issued. Refunds, less a \$20 administrative fee, will be granted when requested a minimum of five business days prior to the program/course start date. No refund will be issued for:

- Programs costing \$10 or less
 - Programs where admission fee was purchased in advance
 - Special events
- Medical illness or other extenuating circumstances will be handled on a case-by-case basis. Documentation of circumstance may be requested.

DISCLAIMER:

Every effort is made to ensure that the information in this Recreation Guide is accurate. Because policies, personnel and funding can change, DMPR&SS reserves the right to amend or modify programs.

ACCOMMODATION OF DISABILITIES:

The City of Des Moines is committed to accommodating citizens with disabilities and special needs. Des Moines Parks, Recreation and Senior Services will make every reasonable effort to ensure that programs are accessible. If you need assistance participating in our programs, please call us at (206) 870-6527. TTY/TTD, (206) 824-6024.

GENDER EQUITY STATEMENT:

The City of Des Moines complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective July 26, 2009) that prohibits discrimination against any person on the basis of sex in the operation, conduct or administration of community athletics programs. Third parties, who contract with or receive leases or permits from the City of Des Moines for a community athletic program, are also prohibited from discriminating on the basis of sex. If you have questions or comments please contact Susan Cezar, Chief Strategic Officer.

INCLEMENT WEATHER POLICY:

During periods of inclement weather, radio stations will report school closures and changes. Please listen for the Highline School District report.

School Closed: All Des Moines Recreation and Senior Services Department programs are cancelled.

School Open/One-Hour Late Arrival:

All non-Club KHAOS (check parent packet for details) recreation programs will operate as scheduled. Senior programs prior to 10:00am are cancelled. Senior programs held after 10:00am—call (206) 878-1642 for updated information.

School Open/Two-Hour Late Arrival:

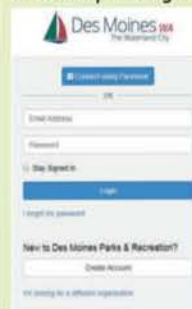
All recreation and senior programs held prior to 11:00am are cancelled. Recreation programs held after 11:00am will be scheduled as usual. Senior programs held after 11:00am—call (206) 870-6527 for updated information. When inclement weather occurs during school holidays, evenings or weekends, call (206) 870-6527 or (206) 878-1642 (Senior Programs) for updated information.



Welcome to our registration system, DASH Online

Yes we have made the move to an Online registration system. Please follow the steps below to setup your account. Registering for Programs online at your convenience is now available. Office registration and payments will still be available.

1. Start by visiting: www.desmoineswa.gov/dash



2. Select Create Account. Note: Enter YOUR personal information first, then add your children to the same account.
3. Enter Email address and choose email communication preference.
4. Enter your personal information and set up a password. On this screen you can also add children to the account.
5. To complete account set up, follow link provided with confirmation email. You are ready to login!

The first time you login, you will be asked to read and agree to The City of Des Moines liability waiver. Select "I have read and agree to the waiver", enter your account password and your initials for a digital signature. The waiver will be valid for one year from the date of signature. You are now ready to browse and register for activities!

Spring Community Events

Parkrun

Saturdays, Year-Round

Every Saturday enjoy a 5K run or walk at 9:00am on the Des Moines Creek Trail.

www.parkrun.us

Open House

March 19, 10:00am–2:00pm

CCC log cabin at Saltwater State Park

Celebrating State Park's 101 years, a presentation at 11:00am. Free day at the park.

friends.saltwater.statepark@gmail.com

Des Moines Yacht Club

Swap Meet

Saturday, March 21, 8:00am–2:00pm

Come enjoy boating equipment for swap in a family friendly environment.

www.desmoinesyachtclub.com

Murder Mystery Dinner

Friday, March 20, 6:00pm, Activity Center

Join us for a wake themed Murder Mystery called *Uncle Sean's Funeral*. Come dressed if you are coming to an Irish Wake for Uncle Sean! Solve the mystery and win a prize! Meal is included with your ticket purchase. Cash bar. \$30pp/\$175table. Registration required.

www.desmoineswa.gov/seniors



Free Beach Life Classes

April 11 and May 9

Saltwater State Park

Learn who lives on our local beaches.

Registration required.

friends.saltwater.statepark@gmail.com

Poetry Walk

Saturday, April 11, 11:00am

Saltwater State Park

Co-sponsored by KCLS Woodmont Library and Friends of Saltwater.

Free day at the park.

friends.saltwater.statepark@gmail.com

EGGstravaganza

Saturday, April 11

9:00am–10:00am

Beach Park

Leisurely EGG HUNT, crafts, prizes and Easter Bunny photo at the Des Moines Beach Park. \$5 per child.

www.desmoineswa.gov



Earth Day Clean-Up

Saturday, April 18

9:00am–12:00pm

Coordinated clean-up activities, in parks and on the beach.

Volunteers contact

jbst@desmoineswa.gov



Friends of Saltwater State Park Earth Day Celebration

Saturday, April 18, 9:30am–2:30pm

Activities for all ages: beach walk, hike in woods, craft and displays.

friends.saltwater.statepark@gmail.com

Seattle Humane Vaccine Clinic

Tuesday, April 21, 3:00pm–6:00pm

Des Moines Activity Center

Free vaccine clinic to provide resources to low-income folks with pets.

Shredding Event

Sunday, April 26, 11:00am–3:00pm

Des Moines Activity Center

The City of Des Moines Senior Services Advisory Committee hosts a paper shredding event. Open to all residents of Des Moines and Normandy Park.

For more information call (206) 878-1642

Waterland Art & Wine Walk

Saturday, May 9, 12:00pm–4:00pm

The art and wine walk features local artists in Des Moines businesses.

Participants can enjoy wine tastings at most locations while viewing the art.

www.destinationdesmoines.org

South Sound Opening Day

Saturday, May 9

Enjoy an array of activities on the Des Moines waterfront at the Yacht Club.

www.desmoinesyachtclub.com

A PEEK AHEAD TO SUMMER...

Farmers Market

Saturdays, June–September

10:00am–2:00pm

July–1st

4:00pm–7:00pm

Kayak and Paddleboard Adventures

June–August

Celebrate National Trails Day at Saltwater State Park

June 6, 1:00pm

Summer Evening Celebration

Saturday, June 13, Saltwater State Park



Fireworks Over Des Moines

Saturday, July 4, Des Moines Marina

Beach Park

Summer Concert Series

Wednesdays, July 8 through August 26, 7:00pm

Seafair Waterland Festival and Parade

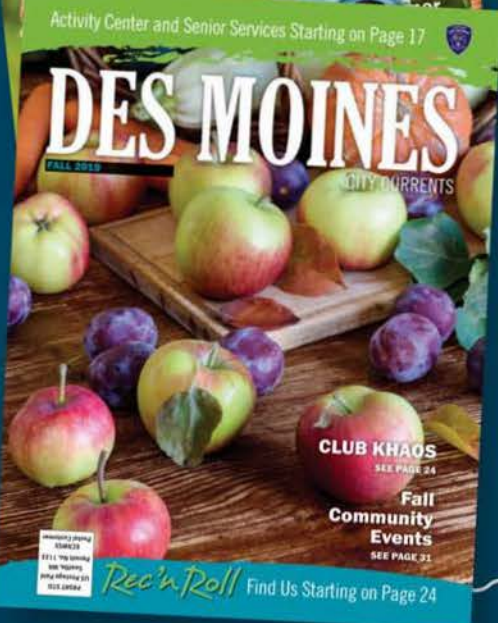
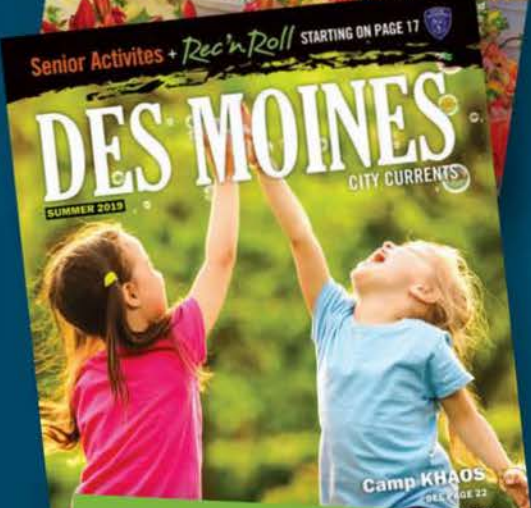
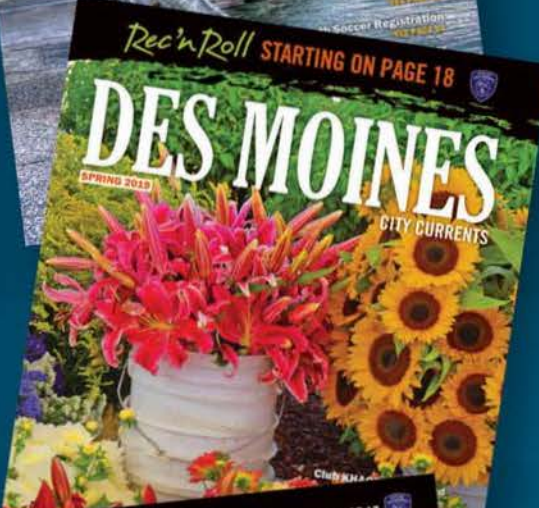
Friday, July 17 through Sunday, July 19

Classic Car and Boat Show

Saturday–Sunday, July 18–19

Movies in the Park

Fridays starting in August



We go door to door to promote your business

Des Moines City Currents is mailed to 30,000 households four times a year.

Looking to advertise?

Contact Greg Borland to discuss how to maximize your exposure to residents of Des Moines

Advertise next issue!

Reserve by: Apr 17

Materials by: Apr 24

Distribution: May 18

206-979-6928 • greg@philipspublishing.com